## **PUBLIC PROGRAMS**

- Scheduled Recreational Swims
- Adult Lap Swims
- Senior Citizen Programs
- Swimming Lessons (Tots, Preschool, Youth, Adult)
- Water Exercise Programs
- American Red Cross Safety Courses
- Specialized Water Sports Training
- Competitive Team Programs

## **UPCOMING EVENTS**

-Jan 11Kentridge High School Swimming Invitational

-Jan 16-19 Washington Open Swimming Invitational

-Jan 25 YMCA State Champs

-Jan 26 PNS Open Water Swimming Invitational

-Feb 8-9 Sea Otters WP International Open

-Feb 14-16 NW Conference Swim Meet

-Feb 21-22 WIAA Boys State HS Swim/Dive Champs

-Feb 26-Mar 1 PAC-12 Women's Swimming & Diving Champs

-Mar 6-8 PAC-12 Men's Swimming Championship

-Mar 12-16 Speedo Swimming Champions Series

-Mar 20-23 PNS Age Group Sectional Swimming Champs

-Mar 29-30 Pacific NW Swimming Divisional Championship

-Apr 6 April Pools Day Community Activity Swim (NEW DATE)

-Apr 12-13 PNA Masters Swimming Championship

-Apr 19 Washington State Special Olympics Regionals

-Apr 25-27 Dick LaFave Swimming Invitational



Weyerhaeuser King County Aquatic Center

650 SW Campus Drive, Federal Way, Washington 98023-8425 Seattle (206) 477-4444 Toll Free 1-855-952-9970

Visit our website at .www.king county.gov/parks

# Weyerhaeuser King County Aquatic Center



Winter Schedule Jan 2 - April 20, 2014 Seattle (206) 477-4444 Toll Free 1-855-952-9970

650 SW Campus Drive Federal Way, WA 98023-8425 www.kingcounty.gov/parks

# **Recreation Pool**

Hours	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00am -9:00	Maintenance	Adult/Senior Swim	Maintenance	Adult/Senior Swim	Maintenance	Special Events	Special Events
9:00- 10:00	Low Impact Exercise	Maintenance	Low Impact Exercise	Maintenance	Low Impact Exercise	and Activities	and Activities
10:00- 11:30	Lessons	Lessons	Lessons	Lessons	Maintenance	11:30-1:30	11:30-1:30
11:30- 12:30	Family Swim	Public Swim	Public Swim				
12:30- 1:30	Adult/Senior Lap Swim	1:30-Rentals	1:30-Rentals				
4:30- 7:30	Lessons	Lessons	Lessons	Lessons	4:00-7:00 Rentals		
7:30- 8:30	Public Swim *						

<sup>\*</sup> Children younger than 6 years old must each be supervised in the water by an adult within arm's reach at all times

#### SWIMMING LESSONS

 $Morning\ Sessions\ (1/2hr,\ 10:00\text{-}11:30am,\ M/W\ or\ T/Th)$ 

Evening Session (1/2 hr, 4:30-7:30pm (M/W or T/Th)

Monday & Wednesdays Tuesday & Thursday

Jan 6 – Jan 29 (AM/PM/ 8 lessons) Jan 7 - Jan 30 (AM/8 PM/7 lessons, No PM class 1/16)

Feb 3– Feb 26 (AM/PM/ 7 lessons, No class 2/26)

Feb 4 - Feb 27 (AM/6 PM/4 lessons, No class 2/20, 2/27, No PM 2/13, 2/25)

Mar 3– Apr 2 (AM/PM/ 8 lessons,

Mar 4– Apr 3 (AM/8 PM/5 lessons,

No class 3/5, 3/12) No class 3/06, 3/13, No PM 3/4, 3/11, 3/20)

## **CANCELED SWIMS**

Feb 21-22 (Boys High School State Swim/Dive Meet), Feb 26-Mar 1 (PAC12), Mar 4-8 (PAC 12), Mar 22-23 (Age Group Sectionals), Apr 19 (Special Olympics)

**TELEPHONE RELAY SERVICE: 711** 









<sup>\*\*</sup> During Family Swims, all children must be accompanied in the water by an adult (one adult per three children)

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# **Competition Natatorium**

Hours	Monday	Tuesday	Wednesday	Thursday	Friday
5:30am- 8:00	Lap Swim*				
11:30- 1:30	Lap Swim*				
4:00- 6:30	Team Training				
6:30- 8:00	Team Training				
8:00- 10:00	Team Training				

<sup>\*</sup> To maximize use of the facility, team workouts are scheduled during lap swim times. Lanes for lap swimmers may be limited. The morning Lap Swim is currently in the 25 yard diving tank that is 16-17.5 feet deep. The afternoon Lap Swim is currently in the 25 yard competition pool that is 9-10.5 feet deep. It is intended for lap swimming only. The staring blocks are closed to lap swimmers. Entry into the water must be done in a careful, feet-first manner only. Circle swimming is required in lanes with 3 or more lap swimmers. Participants may be asked to pass a 25 yard swim test to be allowed to swim in the competition pool.

<b>Canceled Swims:</b>	Events	<u>s:</u>
Jan 11	11:30-1:30	Kentridge HS Invitational
Jan 16-19	all day	Washington Open Swimming Invitational
Jan 25-26	11:30-1:30	YMCA Washington State Champs/PNS Open Water Swim
Feb 8-9	11:30-1:30	Sea Otters Water Polo International Open
Feb 14-16	all day	NW Conference Swim Champs
Feb 21-22	all day	WIAA Boys State HS Swim/Dive Champs
Feb 25-Mar 2	all day	PAC12 Women's Swimming & Diving Champs
Mar 4-9	all day	PAC12 Men's Swimming Championship
Mar 12-16	all day	Speedo Swimming Champions Series
Mar 20-23	all day	PNS Age Group Sectional Swimming Champs
Mar 29-30	11:30-1:30	PNS Divisional Championship
Apr 20	11:30-1:30	April Pool's Day Community Activity (NEW DATE)
Apr 12-13	11:30-1:30	US Masters PNA Swimming Champs
Apr 19	all day	WA Special Olympics
Apr 25-27	all day	Dick LaFave Swimming Invitational



## **2014 POOL FEES**

### **LESSONS**

Swimming lessons for all abilities are available for students year-round from ages 6 months through senior citizens. Pre-tests are held free of charge to determine proper class level placement. Specialty courses are offered including: CPR, First Aid, Lifeguard Training and Water Safety Instructor training. Private and semi-private lessons are offered on a very limited basis. Please call for the class schedule and registration information.

## **GENERAL ADMISSION (Tax Included)**

Recreation Pool:		Competition Pool:	
Rec Pool Family Swim**		Comp Pool Lap Swim	
Adults & Youth	\$3.25	Adult & Youth	\$5.00
Senior & People w/Disabilities	\$3.25	Sr Citizen (62+) & People w/Disabilities	\$3.75
Rec Pool Public Swim**			
Adults & Youth	\$3.25		
Senior & People w/Disabilities	\$3.25		
Rec Pool Adult & Senior Lap Swim			
Adult	\$5.00	Low Impact Water Exercise (Rec Pool)	
Sr Citizen (62+) & Disabled	\$3.75	Adult \$6.25 - 10-visit Card	\$56.25
Shower	\$3.25	Sr Citizen (62+) \$4.75 - 10-visit Card	\$42.75

#### RENTALS

Great for birthday parties, private groups and business meetings. Scheduled during non-program hours.					
Rec Pool, 1-25 people	\$115.00/hour	Party Room Rental	\$37.00/hour		
Rec Pool, 26-60 people	\$145.00/hour	Lobby Rental	\$89.00/hour + staffing & deposits		

#### POOL PASSES

Save money while you swim! Swim at least three times per week to save money. Passes make great gifts.

Туре	3 Months	1 Year
Youth (1 year-17 years)	\$107.50	\$312.00
Adult	\$156.75	\$456.00
Family	\$275.00	\$650.00
Senior Citizen(62+)	\$107.50	\$273.00
Disabled	\$100.00	\$260.00

# **GIFT CERTIFICATES**

Give the gift of health! Good for any programs.

**TELEPHONE RELAY SERVICE: 711** 









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 \*\* All children must be accompanied in the water by an adult during Family Swims (one adult per three children)